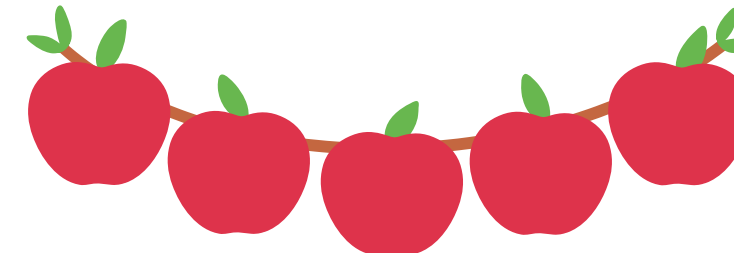


AUGUST 2026



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



MOUNTAIN COMMUNITIES
FAMILY RESOURCE CENTER

30 Office Closed	31					1 Office Closed
2 Office Closed	3	4	5 Children's Circle **Commodities 11am-12pm	6 FREE Backpack Distribution	7 FREE Backpack Distribution	8 Office Closed
9 Office Closed	10	11 KFHC 9am-12pm GBLA 9am-4pm	12 Children's Circle **Senior Sack 10am-12pm	13	14	15 Office Closed
16 Office Closed	17	18 Aging & Adult Services 10am-12pm	19 Children's Circle	20 Mountain Communities Collaborative	21	22 Office Closed
23 Office Closed	24	25	26 Children's Circle **Senior Sack 10am-12pm	27	28	29 Office Closed

Bilingual Storytime with Claudia at
the Library from 11:00pm-12:00pm.

Aging & Adult Services at MCFRC
from 10am-12pm

Kern Family Health Care @ MCFRC
from 9am-12pm

**Greater Bakersfield Legal
Assistance** from 9am-4pm
** every second Tuesday of the
month

** **Commodities** @ the Rec Center
Get a number between 8-10am

** **Senior Sack** @ Rec Center (age 60+)
Line up between 9-9:30am

MCFRC Office - 661. 245. 4303

Monday - Friday from
9:00am - 4:30pm
Closed on weekends & holidays

JULY 2026

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY



			1 Children's Circle **Commodities 11am-12pm	2	3	4 Happy 4th of July Office Closed
5 Office Closed	6	7	8 Children's Circle **Senior Sack 10am-12pm	9	10	11 Office Closed
12 Office Closed	13	14 KFHC 9am-12pm	15 Children's Circle	16 Mountain Communities Collaborative	17	18 Office Closed
19 Office Closed	20	21 Aging & Adult Services 10am-12pm	22 Children's Circle **Senior Sack 10am-12pm	23 VITA 10am-3pm!	24	25 Office Closed
26 Office Closed	27	28	29 Children's Circle	30	31	Office Closed

Bilingual Storytime with Claudia at the Library from 11:00pm-12:00pm.

Aging & Adult Services at MCFRC
from 10am-12pm

Kern Family Health Care @ MCFRC
from 9am-12pm

Volunteer Income Tax Assistance (VITA) at MCFRC from 10am-3pm!!

Greater Bakersfield Legal Assistance from 9am-4pm

- ** every second Tuesday of the month

**** Commodities @ the Rec Center**
Get a number between 8-10am

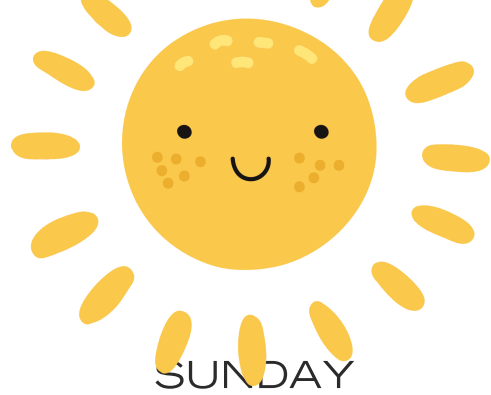
**** Senior Sack @ Rec Center (age 60+)**
Line up between 9-9:30am

MCFRC Office - 661. 245. 4303

Monday - Friday from

9:00am - 4:30pm

Closed on weekends & holidays



JUNE 2026



SUNDAY

MONDAY

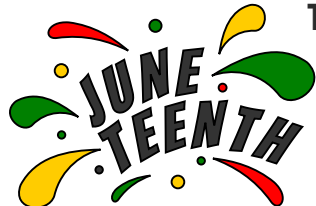
TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

	1	2	3	4	5	6
		Advocate @ El Tejon School	Children's Circle **Commodities 11am-12pm			
7	8	9	10	11	12	13
		GBLA 9am-4pm KFHC 9am-12pm	Children's Circle **Senior Sack 10am-12pm	Storytime at Library w/Claudia		
Office Closed						Office Closed
14	15	16	17	18	19	20
		Aging & Adult Services 10am-12pm	Children's Circle		 Office Closed	
Office Closed						Office Closed
21	22	23	24	25	26	27
 Office Closed			Children's Circle **Senior Sack 10am-12pm			Health & Resource Fair! 8am-2pm Office Closed
28	29	30				
Office Closed	Office Closed					Office Closed

Family Advocate at El Tejon Middle School every Tuesday excluding holidays & summer vacation

Bilingual Storytime with Claudia at the Library from 11:00pm-12:00pm.

Aging & Adult Services at MCFRC from 10am-12pm

Kern Family Health Care @ MCFRC from 9am-12pm

Health & Resource Fair @ Frazier Park Elementary School

Kern County Sheriff's Office educational classes at MCFRC @11am-12pm

Greater Bakersfield Legal Assistance from 9am-4pm

** every second Tuesday of the month

** **Commodities** @ the Rec Center
Get a number between 8-10am

** **Senior Sack** @ Rec Center (age 60+)
Line up between 9-9:30am

MCFRC Office - 661. 245. 4303

Monday - Friday from
9:00am - 4:30pm

Closed on weekends & holidays



MAY 2026



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

31 Office Closed					1 Office Closed	2 Office Closed
3 Office Closed	4 Office Closed	5 Advocate @ El Tejon School	6 Children's Circle KCSO Internet Safety **Commodities 11am-12pm	7	8	9 Office Closed
10 Happy Mother's Day! Office Closed	11	12 KFHC 9am-12pm GBLA 9am-4pm Advocate @ El Tejon School	13 Children's Circle KCSO CPR **Senior Sack 10am-12pm	14 Storytime at Library w/Claudia	15 El Tejon Spring Carnival! 4pm-7pm	16 Office Closed
17 Office Closed	18	19 Aging & Adult Services Advocate @ El Tejon School	20 Children's Circle	21 Mountain Communities Collaborative	22	23 Office Closed
24 Office Closed	25 Office Closed	26 Advocate @ El Tejon School	27 Children's Circle **Senior Sack 10am-12pm	28	29 VITA in office! Last Opportunity!	30 Office Closed

Family Advocate at El Tejon Middle School every Tuesday excluding holidays.

Bilingual Storytime with Claudia at the Library from 11:00pm-12:00pm.

VITA (Volunteer Income Tax Assistance) at MCFRC from 10:30-3:15 only on **5/29!!**

Aging & Adult Services at MCFRC from 10am-12pm

Kern Family Health Care @ MCFRC from 9am-12pm

Kern County Sheriff's Office educational classes at MCFRC @11am-12pm

Greater Bakersfield Legal Assistance from 9am-4pm

** every second Tuesday of the month

** **Commodities** @ the Rec Center
Get a number between 8-10am

** **Senior Sack** @ Rec Center (age 60+)
Line up between 9-9:30am

MCFRC Office - 661. 245. 4303

Monday - Friday from
9:00am - 4:30pm

Closed on weekends & holidays

APRIL 2026



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

			1 Children's Circle **Commodities 11am-12pm	2	3 Office Closed	4 Office Closed
5 Office Closed	6	7 Advocate @ El Tejon School	8 Children's Circle **Senior Sack 10am-12pm	9 Storytime at Library w/Claudia	10 VITA 10:30am-3:15pm	11 Office Closed
12 Office Closed	13	14 KFHC GBLA 9am-4pm Advocate @ El Tejon School	15 Children's Circle	16	17	18 Office Closed
19 Office Closed	20	21 Aging & Adult Services Advocate @ El Tejon School	22 Children's Circle **Senior Sack 10am-12pm KCSO - Human Trafficking @11	23	24	25 Office Closed
26 Office Closed	27	28 Advocate @ El Tejon School	29 Children's Circle CHP - Car Seat Safety 11am-12pm	30	31	Office Closed

Family Advocate at El Tejon Middle School every Tuesday excluding holidays.

Bilingual Storytime with Claudia at the Library from 11:00pm-12:00pm.

VITA (Volunteer Income Tax Assistance) at MCFRC from 10:30-3:15

Aging & Adult Services at MCFRC from 10am-12pm

Kern Family Health Care @ MCFRC from 9am-12pm

Greater Bakersfield Legal Assistance from 9am-4pm

** every second Tuesday of the month

** **Commodities** @ the Rec Center
Get a number between 8-10am

** **Senior Sack** @ Rec Center (age 60+)

Line up between 9-9:30am

MCFRC Office - 661. 245. 4303

Monday - Friday from

9:00am - 4:30pm

Closed on weekends & holidays

MARCH 2026



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1 Office Closed	2	3 KFHC @ FP Library Advocate @ El Tejon School	4 Children's Circle **Commodities 11am-12pm	5	6	7 Office Closed
8 Office Closed	9	10 KFHC GBLA 9am-4pm Advocate @ El Tejon School	11 Children's Circle **Senior Sack 10am-12pm	12 Storytime at Library w/Claudia	13 VITA 10:30am-3:15pm	14 Office Closed
15 Office Closed	16	17 St. Patrick's Day Advocate @ El Tejon School	18 Children's Circle	19 Mountain Communities Collaborative	20	21 Office Closed
22 Office Closed	23	24 Advocate @ El Tejon School	25 Children's Circle **Senior Sack 10am-12pm	26	27 VITA 10:30am-3:15pm	28 Office Closed
29 Office Closed	30	31				Office Closed

Family Advocate at El Tejon Middle School every Tuesday excluding holidays.

Bilingual Storytime with Claudia at the Library from 11:00pm-12:00pm.

VITA (Volunteer Income Tax Assistance) at MCFRC from 10:30-3:15

Mountain Communities collaborative (Zoom) @ 10-11am

Kern Family Health Care @ MCFRC

Greater Bakersfield Legal Assistance from 9am-4pm

** every second Tuesday of the month

** **Commodities** @ the Rec Center
Get a number between 8-10am

** **Senior Sack** @ Rec Center (age 60+)

Line up between 9-9:30am

MCFRC Office - 661. 245. 4303

Monday - Friday from
9:00am - 4:30pm
Closed on weekends & holidays

FEBRUARY 2026



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1 Office Closed	2	3 Project FB 10am-2pm Advocate @ El Tejon School	4 Children's Circle **Commodities 11am-12pm	5	6	7 Office Closed
8 Office Closed	9 GBLA 9am-4pm	10 KFHC 9am-12pm Advocate @ El Tejon School	11 Children's Circle **Senior Sack 10am-12pm	12 Storytime at Library w/Claudia	13 VITA 10:30am- 3:15pm	14 Office Closed
15 Office Closed	16 OFFICE CLOSED	17 Project FB 10am-2pm Advocate @ El Tejon School	18 Children's Circle	19 SKFJC 9am- 12pm	20 Office Closed 10am-12pm	21 Office Closed
22 Office Closed	23	24 Advocate @ El Tejon School	25 Children's Circle **Senior Sack 10am-12pm	26 Coffee Chat 10:30-11:30 am	27 VITA 10:30am- 3:15pm	28 Office Closed
Office Closed						Office Closed

Family Advocate at El Tejon Middle School every Tuesday excluding holidays.

Bilingual Storytime with Claudia at the Library from 11:00pm-12:00pm.

VITA (Volunteer Income Tax Assistance) at MCFRC from 10:30-3:15

Project Food Box at MCFRC from 10-2

Kern Family Health Care @ MCFRC

Family Justice Center @ MCFRC

Greater Bakersfield Legal Assistance from 9am-4pm

** every second Tuesday of the month

** **Commodities** @ the Rec Center
Get a number between 8-10am

** **Senior Sack** @ Rec Center (age 60+)

Line up between 9-9:30am

MCFRC Office - 661. 245. 4303

Monday - Friday from

9:00am - 4:30pm

Closed on weekends & holidays

JANUARY 2026



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Office Closed				OFFICE CLOSED HAPPY NEW YEAR!	OFFICE CLOSED	Office Closed
Office Closed		Advocate @ El Tejon School	Children's Circle **Commodities 11am-12pm	Storytime at Library w/Claudia		Office Closed
Office Closed		GBLA 9am-4pm KFHC 9am-12pm Advocate @ El Tejon School	SKFJC 9-11:45 am Children's Circle **Senior Sack 10am-12pm	Mountain Communities Collaborative		Office Closed
Office Closed	OFFICE CLOSED	Advocate @ El Tejon School	Children's Circle			Office Closed
Office Closed		Advocate @ El Tejon School	Children's Circle **Senior Sack 10am-12pm			Office Closed

Family Advocate at El Tejon Middle School every Tuesday excluding holidays.

Bilingual Storytime with Claudia at the Library from 11:00pm-12:00pm.

HICAP Representative at MCFRC office from 10-12pm.

Mountain Communities Collaborative at FMHS from 10am-2pm

Kern Family Health Care @ MCFRC

Family Justice Center @ MCFRC

Greater Bakersfield Legal Assistance from 9am-4pm

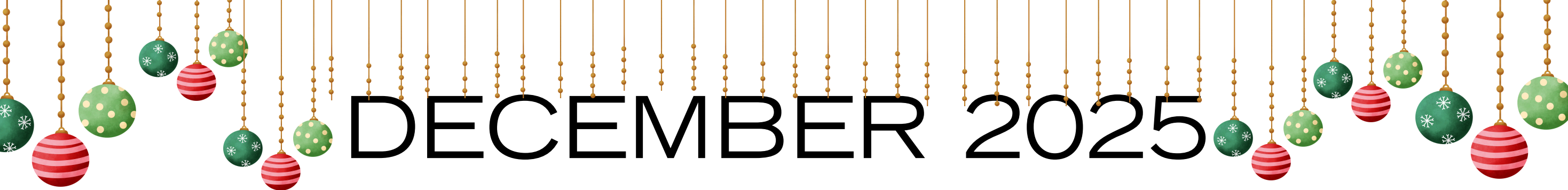
** every second Tuesday of the month

** **Commodities** @ the Rec Center
Get a number between 8-10am

** **Senior Sack** @ Rec Center (age 60+)
Line up between 9-9:30am

MCFRC Office - 661. 245. 4303

Monday - Friday from 9:00am - 4:30pm
Closed on weekends & holidays



DECEMBER 2025



SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

	1	2	3	4	5	6
Office Closed		Advocate @ El Tejon School	**Commodities 11am-12pm			Office Closed
7	8	9	10	11	12	13
Office Closed		GBLA 9am-4pm Project FB Advocate @ El Tejon School	**Senior Sack 10am-12pm	Storytime at Library w/Claudia		Office Closed
14	15	16	17	18	19	20
Office Closed	OFFICE CLOSED 9am-3pm	HICAP Rep. @ MCFRC 10am-12pm Advocate @ El Tejon School				Office Closed
21	22	23	24	25	26	27
Office Closed		Advocate @ El Tejon School	OFFICE CLOSED	OFFICE CLOSED		Office Closed
28	29	30	31	HAPPY HOLIDAYS FROM THE MCFRC!		
Office Closed		Advocate @ El Tejon School	OFFICE CLOSED			



Family Advocate at El Tejon Middle School every Tuesday excluding holidays.

No Children's Circle during December

Bilingual Storytime with Claudia at the Library from 11:00pm-12:00pm.

HICAP Representative at MCFRC office from 10-12pm.

Project Food Box at MCFRC from 10am-2pm

Greater Bakersfield Legal Assistance from 9am-4pm

** every second Tuesday of the month

** **Commodities** @ the Rec Center
Get a number between 8-10am

** **Senior Sack** @ Rec Center (age 60+)

Line up between 9-9:30am

MCFRC Office - 661. 245. 4303

Monday - Friday from 9:00am - 4:30pm

Closed on weekends & holidays

NOVEMBER 2025



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

30 Office Closed						1 Office Closed
2 Office Closed	3	4 Advocate @ El Tejon School	5 Children's Circle **Commodities 11am-12pm	6	7	8 Office Closed
9 Office Closed	10	11 OFFICE CLOSED VETERANS DAY	12 Children's Circle **Senior Sack 10am-12pm	13 Coffee Chat 10-11am GBLA 9am-4pm Storytime at Library w/Claudia	14	15 Office Closed
16 Office Closed	17	18 Advocate @ El Tejon School HICAP Rep. @ MCFRC 10am-12pm	19 Children's Circle	20 Mountain Communities Collaborative 10am-11am Parent Workshop	21	22 Office Closed
23 Office Closed	24	25 Advocate @ El Tejon School	26 Children's Circle **Senior Sack 10am-12pm	27 HOLIDAY OFFICE CLOSED	28 HOLIDAY OFFICE CLOSED	29

Family Advocate at El Tejon Middle School every Tuesday excluding holidays.

Children's Circle at the MCFRC office Wednesday's from 11-12pm.

Bilingual Storytime with Claudia at the Library from 11:00pm-12:00pm.

HICAP Representative at MCFRC office from 10-12pm.

Mountain Communities Collaborative on zoom from 10-11am

Greater Bakersfield Legal Assistance from 9am-4pm

** every second Tuesday of the month

Parent Workshop @ MCFRC office from 6-7pm.

** **Commodities** @ the Rec Center
Get a number between 8-10am

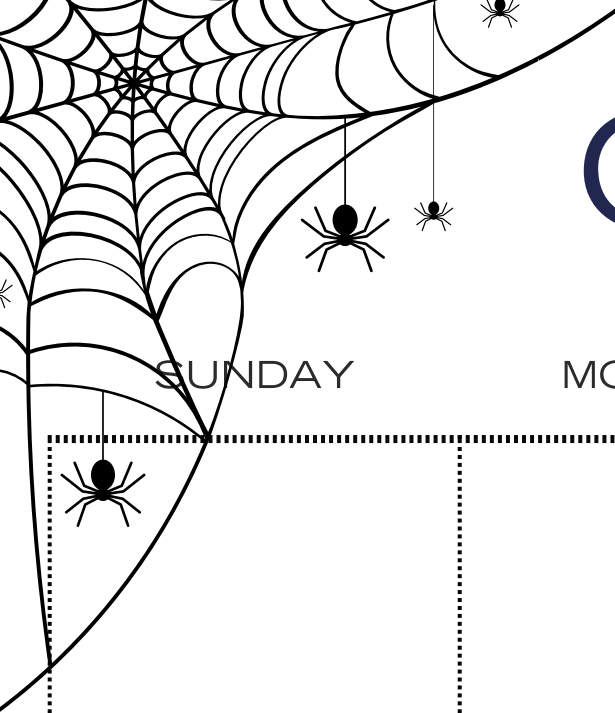
** **Senior Sack** @ Rec Center (age 60+)

Line up between 9-9:30am

MCFRC Office - 661. 245. 4303

Monday - Friday from
9:00am - 4:30pm

Closed on weekends & holidays



OCTOBER 2025



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Office Closed		Advocate @ El Tejon School	Children's Circle			Office Closed
Office Closed		Advocate @ El Tejon School	The Potty Party Workshop Children's Circle **Senior Sack 10am-12pm			Office Closed
Office Closed		Advocate @ El Tejon School	Children's Circle	Walk and Talk at the park 9:30am-10:30am Storytime at Library w/Claudia		Office Closed
Office Closed		HICAP Rep. @ MCFRC 10am-12pm	Children's Circle **Senior Sack 10am-12pm			Office Closed
Office Closed		Advocate @ El Tejon School	Children's Circle		HALLOWEEN	

Family Advocate at El Tejon Middle School every Tuesday excluding holidays.

Children's Circle at the MCFRC office Wednesday's from 11-12pm.

Bilingual Storytime with Claudia at the Library from 11:00pm-12:00pm.

HICAP Representative at MCFRC office from 10-12pm.

Toilet Training Workshop at the MCFRC office @11am.

Greater Bakersfield Legal Assistance from 9am-4pm
** every second Tuesday of the month

** **Commodities** @ the Rec Center
Get a number between 8-10am
** **Senior Sack** @ Rec Center (age 60+)
Line up between 9-9:30am

MCFRC Office - 661. 245. 4303
Monday - Friday from 9:00am - 4:30pm
Closed on weekends & holidays



SEPTEMBER 2025



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Labor Day	2 Advocate @ El Tejon School	3 Children's Circle **Commodities 11am-12pm	4	5	6
7 Office Closed	8	9 Advocate @ El Tejon School	10 Children's Circle **Senior Sack 10am-12pm	11 Storytime at Library w/Claudia	12	13
14 Office Closed	15	16 Advocate @ El Tejon School GBLA 9am-4pm HICAP Rep. @ MCFRC 10am-12pm	17 Children's Circle	18 Mountain Communities Collaborative 10am-11am	19	20
21 Office Closed	22	23 Staff Training Office Closed	24 **Senior Sack 10am-12pm Staff Training Office Closed	25 Staff Training Office Closed	26 Independent Living Workshop! 10-11am	27
28 Office Closed	29	30 Advocate @ El Tejon School				

Family Advocate at El Tejon Middle School every Tuesday excluding holidays.

Children's Circle at the MCFRC office Wednesday's from 11-12pm.

Mountain Communities Collaborative at Frazier Mountain High School.

Bilingual Storytime with Claudia at the Library from 11:00pm-12:00pm

HICAP Representative at MCFRC office from 10-12pm.

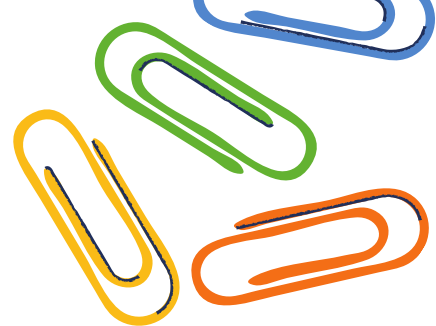
Greater Bakersfield Legal Assistance from 9am-4pm

** every second Tuesday of the month

** **Commodities** @ the Rec Center
Get a number between 8-10am

** **Senior Sack** @ Rec Center (age 60+)
Line up between 9-9:30am

MCFRC Office - 661. 245. 4303
Monday - Friday from
9:00am - 4:30pm
Closed on weekends & holidays



AUGUST 2025



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

31 Office Closed					1	2
3 Office Closed	4	5	6 Project FB Children's Circle **Commodities from 11am-12pm	Back to School Distribution!		9
10 Office Closed	11	12 GBLA 9am-4pm	13 Children's Circle **Senior Sack from 10am-12pm	14 Storytime at Library w/Claudia	15	16
17 Office Closed	18	19 HICAP Rep. @ MCFRC 10am-12pm	20 Children's Circle Kern Family Justice Center	21 Walk and Talk!	22	23
24 Office Closed	25	26	27 Children's Circle **Senior Sack from 10am-12pm	28	29	30

HICAP Representative at MCFRC
office from 10-12pm.

Bilingual Storytime with Claudia at the Library from 11:00pm-12:00pm

Children's Circle at the MCFRC office Wednesday's from 11-12pm.

Family Justice Center Rep @ MCFRC
from 9-12

Project Food Box at the MCFRC office from 9-2

Greater Bakersfield Legal Assistance from 9am-4pm
** every second Tuesday of the month

** **Commodities** @ the Rec Center
Get a number between 8-10am
** **Senior Sack** @ Rec Center (age 60+)
Line up between 9-9:30am

MCFRC Office - 661. 245. 4303
Monday - Friday from
9:00am - 4:30pm
Closed on weekends & holidays



JULY 2025



MOUNTAIN COMMUNITIES
FAMILY RESOURCE CENTER

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

		1	2 Children's Circle **Commodities from 11am-12pm	3	4 Office Closed	5
Office Closed						Office Closed
6	7	8 GBLA 9am-4pm	9 Children's Circle **Senior Sack from 10am-12pm	10	11	12
Office Closed						Office Closed
13	14	15 HICAP Rep. @ MCFRC 10am-12pm	16 Children's Circle Kern Family Justice Center	17 Mountain Communities Collaborative	18	19
Office Closed						Office Closed
20	21	22	23 Children's Circle **Senior Sack from 10am-12pm	24 Storytime at Library w/Claudia	25	26
Office Closed						Office Closed
27	28	29	30 Children's Circle	31		
Office Closed						

HICAP Representative at MCFRC office from 10-12pm.

Bilingual Storytime with Claudia at the Library from 11:00pm-12:00pm

Children's Circle at the MCFRC office Wednesday's from 11-12pm.

Family Justice Center Rep @ MCFRC from 9-12

Mountain Communities Collaborative from 10-11am

Greater Bakersfield Legal Assistance from 9am-4pm

** every second Tuesday of the month

** **Commodities** @ the Rec Center
Get a number between 8-10am

** **Senior Sack** @ Rec Center (age 60+)

Line up between 9-9:30am

MCFRC Office - 661. 245. 4303

Monday - Friday from

9:00am - 4:30pm

Closed on weekends & holidays



JUNE 2025



SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

1 Office Closed	2	3 Advocate at El Tejon School	4 Children's Circle from 11am-12pm **Commodities from 11am-12pm	5	6	7 MCFRC PARK DAY Office Closed
8 Office Closed	9	10	11 Family Justice Center Children's Circle **Senior Sack from 10am-12pm	12 Storytime at Library w/Claudia	13	14 Office Closed
15 Office Closed	16	17 HICAP Rep. @ MCFRC 10am-12pm	18 Children's Circle	19	20	21 Office Closed
22 Office Closed	23	24	25 Children's Circle **Senior Sack from 10am-12pm	26	27	28 Office Closed
29 Office Closed	30					

HICAP Representative at MCFRC office from 10-12pm.

Children's Circle at the MCFRC office Wednesday's from 11-12pm.

Family Justice Center Rep @ MCFRC from 9-12

MCFRC Park Day - Join us for tons of activities, resources, free lunch and more from 11am-2pm.

**** Commodities** @ the Rec Center
Get a number between 8-10am

**** Senior Sack** @ Rec Center (age 60+)

Line up between 9-9:30am

MCFRC Office - 661. 245. 4303
Monday - Friday from 9:00am - 4:30pm
Closed on weekends & holidays



MAY 2025



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

				1	2	3
Office Closed						Office Closed
4	5	6	7	8	9	10
Office Closed		Last Give Big Kern day! Advocate at El Tejon School	Office Closed **Commodities from 11am-12pm	Storytime at Library w/Claudia		Office Closed
11	12	13	14	15	16	17
Office Closed	Family Justice Center	Advocate at El Tejon School	Kern Family Health Care Children's Circle **Senior Sack from 10am-12pm			Lilac Festival Office Closed
18	19	20	21	22	23	24
Lilac Festival Office Closed		Advocate at El Tejon School HICAP Rep. @ MCFRC 10am-12pm	Children's Circle			Office Closed
25	26	27	28	29	30	31
Office Closed	Office Closed	Advocate at El Tejon School	Children's Circle **Senior Sack from 10am-12pm			Office Closed

HICAP Representative at MCFRC
office from 10-12pm.

Bilingual Storytime with Claudia at
the Library from 12:30pm-1:30pm

Children's Circle at the MCFRC
office Wednesday's from 11-12pm.

Kern Family HC @ MCFRC from 9-
12:30pm

Give Big Kern last opportunity to
donate to our fundraiser and turn
calendars in!

El Tejon School join students
and families at their annual
carnival!

Family Justice Center Rep @
MCFRC from 9-12

**** Commodities @ the Rec Center**
Get a number between 8-10am

**** Senior Sack @ Rec Center (age**
60+)

Line up between 9-9:30am

MCFRC Office - 661. 245. 4303

Monday - Friday from

9:00am - 4:30pm

Closed on weekends & holidays



APRIL 2025



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

		1 Advocate at El Tejon School	2 Children's Circle **Commodities from 11am-12pm	3	4 VITA @ MCFRC LAST DAY!	5 Office Closed
Office Closed GIVE Big KERN 5.7.24 Office Closed Kicking off Give Big Kern!	6 Get your kindness calendar!	7	8 Advocate at El Tejon School	9 Kern Family HC Children's Circle **Senior Sack from 10am-12pm First 5 Dental Screenings	10 Storytime at Library w/Claudia	11 Office Closed
13 Office Closed	14	15 Advocate at El Tejon School HICAP Rep. @ MCFRC 10am-12pm	16 Children's Circle Family Justice Center	17 Coffee Chat 10am-11am	18 Office Closed	19 Office Closed
20 Office Closed	21	22 Advocate at El Tejon School	23 Children's Circle **Senior Sack from 10am-12pm	24	25	26 Office Closed
27 Office Closed	28	29 Advocate at El Tejon School	30 Children's Circle			

HICAP Representative at MCFRC

office from 10-12pm.

Bilingual Storytime with Claudia at
the Library from 12:30pm-1:30pm

Children's Circle at the MCFRC
office Wednesday's from 11-12pm.

Family Justice Center Rep @ MCFRC
from 9-12

**Volunteer Income Tax Assistance
Program (VITA) @ MCFRC**

Kern Family HC @ MCFRC from 9-
12:30pm

First 5 Dental Screening - kids aged
0-5. Appointment required.

Give Big Kern each act of kindness
completed is \$1 for MCFRC!

**** Commodities @ the Rec Center**
Get a number between 8-10am

**** Senior Sack @ Rec Center (age
60+)**

Line up between 9-9:30am

MCFRC Office - 661. 245. 4303

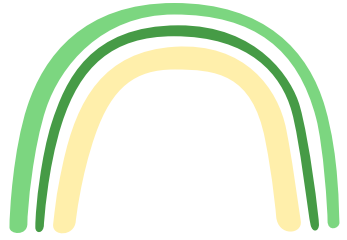
Monday - Friday from

9:00am - 4:30pm

Closed on weekends & holidays

MARCH 2025



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31					1
2	3	4	5	6	7	8
Office Closed		Advocate at El Tejon School	Children's Circle **Commodities from 11am-12pm			Office Closed
9	10	11	12	13	14	15
Office Closed		Advocate at El Tejon School	Children's Circle **Senior Sack from 10am-12pm	Coffee Chat 10am-11am		Office Closed
16	17	18	19	20	21	22
Office Closed		Advocate at El Tejon School HICAP Rep. @ MCFRC 10am-12pm	Children's Circle Family Justice Center	Storytime at Library w/Claudia	Kern Health Systems @ library VITA @ MCFRC	Office Closed
23	24	25	26	27	28	29
Office Closed		Advocate at El Tejon School	Children's Circle **Senior Sack from 10am-12pm	MCFRC Workshop 6-7		Office Closed

HICAP Representative at MCFRC
office from 10-12pm.

Bilingual Storytime with Claudia at
the Library from 12:30pm-1:30pm

Children's Circle at the MCFRC
office Wednesday's from 11-12pm.

Family Justice Center Rep @ MCFRC
from 9-12

**Volunteer Income Tax Assistance
Program (VITA)** @ MCFRC

Workshop w/Megan @ MCFRC from
6-7pm.

Kern Family HC @ MCFRC from 9-
12:30pm

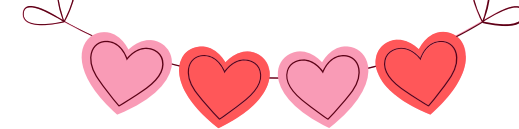
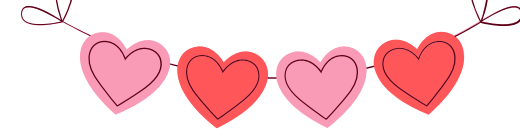
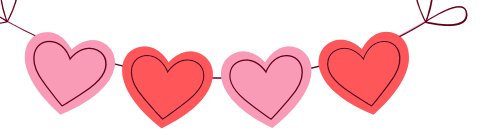
**** Commodities** @ the Rec Center
Get a number between 8-10am

**** Senior Sack** @ Rec Center (age
60+)

Line up between 9-9:30am

MCFRC Office - 661. 245. 4303

Monday - Friday from
9:00am - 4:30pm
Closed on weekends & holidays



FEBRUARY 2025



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6	7	8
Office Closed		Advocate at El Tejon School	Children's Circle **Commodities from 11am-12pm			Office Closed
9	10	11	12	13	14	15
Office Closed		Advocate at El Tejon School	Children's Circle **Senior Sack from 10am-12pm	Storytime at Library w/Claudia		Office Closed
16	17	18	19	20	21	22
Office Closed	Office Closed President's Day	Advocate at El Tejon School HICAP Rep. @ MCFRC 10am-12pm	Family Justice Center Children's Circle	Coffee Chat 10am-11am		Office Closed
23	24	25	26	27	28	
Office Closed		Advocate at El Tejon School	MCFRC Workshop 6-7 Children's Circle **Senior Sack from 10am-12pm		VITA @ MCFRC	

Workshop w/Maria @ MCFRC from 6-7pm.

Children's Circle at the MCFRC office Wednesday's from 11-12pm.

Bilingual Storytime with Claudia at the Library from 12:30pm-1:30pm

HICAP Representative at MCFRC office from 10-12pm.

MCFRC advocate @ El Tejon School 8:00-4:30

Family Justice Center Rep @ MCFRC from 9-12

Volunteer Income Tax Assistance Program (VITA) @ MCFRC

**** Commodities @ the Rec Center**
Get a number between 8-10am

**** Senior Sack @ Rec Center (age 60+)**
Line up between 9-9:30am

MCFRC Office - 661. 245. 4303
Monday - Friday from 9:00am - 4:30pm
Closed on weekends & holidays

JANUARY 2025



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

			1 Office Closed	2	3	4
Office Closed						Office Closed
5 Office Closed	6	7 Advocate at El Tejon School	8 Children's Circle **Senior Sack from 10am-12pm	9 Storytime at Library w/Claudia	10	11 Office Closed
12 Office Closed	13	14 Advocate at El Tejon School	15 Children's Circle	16	17	18
19 Office Closed	20 Office Closed	21 Advocate at El Tejon School HICAP Rep. @ MCFRC 10am-12pm	22 Children's Circle **Senior Sack from 10am-12pm	23	24	25 Office Closed
26 Office Closed	27	28 Advocate at El Tejon School	29 Children's Circle	30	31	Office Closed

Children's Circle at the MCFRC office Wednesday's from 11-12pm.

Bilingual Storytime with Claudia at the Library from 12:30pm-1:30pm

HICAP Representative at MCFRC office from 10-12pm.

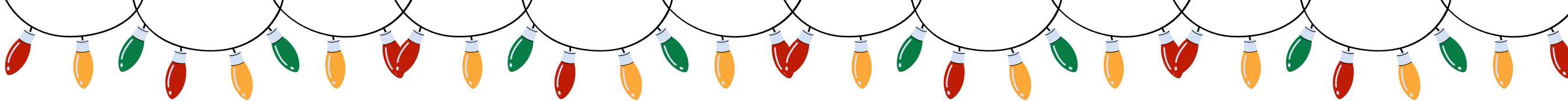
Happy New Year!

**** Commodities @ the Rec Center**
Get a number between 8-10am

**** Senior Sack @ Rec Center (age 60+)**
Line up between 9-9:30am

MCFRC Office - 661. 245. 4303

Monday - Friday from
9:00am - 4:30pm
Closed on weekends & holidays



DECEMBER 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Office Closed	2	3 Advocate at El Tejon School	4 **Commodities from 11am-12pm	5	6	7 Office Closed
8 Office Closed	9	10 Advocate at El Tejon School	11 **Senior Sack from 10am-12pm	12 Storytime at Library w/Claudia	13 Toys4tots Deadline. Get applications in!	14 Office Closed
15 Office Closed	16	17 Advocate at El Tejon School HICAP Rep. @ MCFRC 10am-12pm	18	19	20	21 Office Closed
22 Office Closed	23	24 Office Closed	25 Office Closed	26	27	28 Office Closed
29 Office Closed	30	31 Office Closed				

No Children's Circle for the month of December!

Bilingual Storytime with Claudia at the Library from 12:30pm-1:30pm

HICAP Representative at MCFRC office from 10-12pm.

T4T/ Gifts4teens Deadline If you have children 0-18 get signed up to receive Christmas toys! Anyone can apply, ask someone at the front desk.

**** Commodities @ the Rec Center**
Get a number between 8-10am

**** Senior Sack @ Rec Center (age 60+)**
Line up between 9-9:30am

MCFRC Office - 661. 245. 4303
Monday - Friday from 9:00am - 4:30pm
Closed on weekends & holidays



NOVEMBER 2024



SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

NOTES

					1	2
3	4	5 Advocate at El Tejon School	6 Children's Circle **Commodities from 11am-12pm	7 Coffee Chat	8	9
10 Office Closed	11 Office Closed	12 Advocate at El Tejon School	13 Children's Circle **Senior Sack from 10am-12pm	14 Storytime at Library w/Claudia	15	16
17 Office Closed	18	19 Advocate at El Tejon School HICAP Rep. @ MCFRC 10am-12pm	20 Children's Circle Confidence Workshop	21	22	23
24 Office Closed	25	26 Advocate at El Tejon School	27 Children's Circle **Senior Sack from 10am-12pm	28 Office Closed	29 Office Closed	30 Office Closed

Confidence Workshop with Claudia at MCFRC @6pm

Children's Circle at the MCFRC office Wednesday's from 11-12pm.

Coffee Chat at MCFRC from 9:30am-10:30am.

Bilingual Storytime with Claudia at the Library from 12:30pm-1:30pm

HICAP Representative at MCFRC office from 10-12pm.

**** Commodities @ the Rec Center**
Get a number between 8-10am

**** Senior Sack @ Rec Center (age 60+)**
Line up between 9-9:30am

MCFRC Office - 661. 245. 4303
Monday - Friday from 9:00am - 4:30pm
Closed on weekends & holidays

OCTOBER 2024



NOTES

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2 Children's Circle Healthy Workshop **Commodities	3	4	5
6 Office Closed	7 Office Closed	8	9 Children's Circle **Senior Sack	10 Storytime at Library w/Claudia	11	12 Office Closed
13 Office Closed	14	15 HICAP Rep. @ MCFRC 10-12pm	16 Children's Circle	17	18	19 Office Closed
20 Office Closed	21	22	23 Children's Circle **Senior Sack	24 Walk & Talk	25	26 Office Closed
27 Office Closed	28	29	30 Children's Circle	31		

Health Workshop with Jessica at the Frazier Mtn. Park @ 10am

Children's Circle at the MCFRC office Wednesday's from 11-12pm.

Coffee Chat at the MCFRC in Frazier from 9:30a-10:30a

Bilingual Storytime with Claudia at the Library from 12:30pm-1:30pm

HICAP Representative at MCFRC office from 10-12pm.

**** Commodities @ the Rec Center**
Get a number between 8-10am

**** Senior Sack @ Rec Center (age 60+)**
Line up between 9-9:30am

MCFRC Office - 661. 245. 4303

Monday - Friday from
9:00am - 4:30pm
Closed on weekends & holidays



SEPTEMBER 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Office Closed	2 Office Closed	3	4 Children's Circle **Commodities	5 Kern Family Health Care @Library	6	7 Office Closed
8 Office Closed	9	10	11 Children's Circle **Senior Sack	12 Walk & Talk Storytime at Library w/Claudia	13	14 Office Closed
15 Office Closed	16 HICAP Rep. @ MCFRC 10-12pm	17	18 Children's Circle Financial Workshop 6p	19 In-Person Collaborative	20	21 Office Closed
22 Office Closed	23	24	25 Children's Circle **Senior Sack	26 Walk & Talk	27	28 Office Closed
29 Office Closed	30					

NOTES

- Financial Workshop with Misty at the MCFRC @6p
- Walk & Talk at the park in Frazier from 9:00am-10:00am
- Children's Circle at the MCFRC office Wednesday's from 11-12pm.
- Bilingual Storytime with Claudia at the Library from 12:30pm-1:30pm
- HICAP Representative at MCFRC office from 10-12pm.
- In-Person Collaborative - 10-11:30am at ???
- Kern Family Health Care @Library from 12p-1:30p.
- ** Commodities @ the Rec Center - Get number between 8-10am
- ** Senior Sack @ Rec Center (age 60+) line up between 9-9:30am

MCFRC Office - 661. 245. 4303
Monday - Friday from
9:00am - 4:30pm
Closed on weekends & holidays



AUGUST 2024

NOTES

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

				Walk & Talk 1	2	3
						Office Closed
4	5	6	7 Children's Circle @ Park in Frazier	8	9	10
Office Closed		**PMC Food Dist.	**Commodities			Office Closed
11	12 Backpack and School Supplies by Appointment	13 Backpack and School Supplies by Appointment. HICAP Rep. @ MCFRC 10-12pm	14 Children's Circle Kern Family Health Care Representative **Senior Sack	15 Walk & Talk	16	17
Office Closed						Office Closed
18	19	20	21 Children's Circle Nourishing Your Inner Glow Workshop @6pm	22	23	24
Office Closed		**PMC Food Dist.				Office Closed
25	26	27	28 Children's Circle Kern Family Health Care Representative **Senior Sack	29	30	31
Office Closed						Office Closed

Backpack Distribution Make your appointment for August 12 or 13.

Walk & Talk at the park in Frazier from 9:00am-10:00am

Children's Circle at the MCFRC office Wednesday's from 11-12pm.

Workshop MCFRC's "Nourishing Your Inner Glow" at the MCFRC office 6pm.

Women Only: No Children
Dinner and gift provided for each mom.

HICAP Representative at MCFRC office from 10-12pm.

Kern Family Health Care Rep- at the MCFRC office (2nd Wed. 9-1pm) & (4th Wed, 12-4pm).

**** Commodities** @ the Rec Center - Get number between 8-10am

**** Senior Sack** @ Rec Center (age 60+) line up between 9-9:30am

MCFRC Office - 661. 245. 4303

Monday - Friday
9:00am - 4:30pm

Closed on weekends & holidays



JULY 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3 Children's Circle	4	5	6
			**Commodities	Office Closed	Office Closed	Office Closed
7	8	9	10 Children's Circle	11	12	13
Office Closed		**PMC Food	**Senior Sack			Office Closed
14	15	16 HICAP Rep. @ MCFRC 10-12pm	17 Children's Circle Life Skills for Kids Workshop @6pm	18 Collaborative	19	20
Office Closed						Office Closed
21	22	23	24 Children's Circle @ Park in Frazier	25	26	27
Office Closed		**PMC Food	**Senior Sack			Office Closed
28	29	30	31 Children's Circle			
Office Closed						

NOTES

Workshop: MCFRC's Life Skills for Kids Workshop at the MCFRC office 6pm.
Snacks provided & raffling a gas card.

Children's Circle at the MCFRC office Wednesday's from 11-12pm.

Bilingual Storytime with Claudia at the Library from 12:30pm-1:30pm

HICAP Representative at MCFRC office from 10-12pm.

Collaborative - 10-11:00am via Zoom

**** Commodities @ the Rec Center - Get number between 8-10am**

**** Senior Sack @ Rec Center (age 60+) line up between 9-9:30am**

**** PMC Food Distribution** every Tuesday at the Activity Center in PMC from 1-2pm (\$30 monthly)

MCFRC Office - 661. 245. 4303
Monday - Friday from
9:00am - 4:30pm
Closed on weekends & holidays



JUNE 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2 Office Closed	3	4 Advocate at El Tejon School	5 Children's Circle at the MCFRC **Commodities	6 Walk & Talk Last Day of School	7	8 Office Closed
9 Office Closed	10	11 **PMC Food	12 Kern Family Health Care Representative Children's Circle @ Park in Frazier **Senior Sack	13 Storytime at Library w/Claudia	14	15 MCFRC PARK DAY
16 Office Closed	17	18 HICAP Rep. @ MCFRC 10-12pm	19 Children's Circle at the MCFRC	20 Walk & Talk	21	22 Office Closed
23 Office Closed	24	25 **PMC Food	26 Kern Family Health Care Representative Children's Circle @ Park in Frazier **Senior Sack	27	28	29 FREE Health Fair Office Closed
30 Office Closed						

NOTES

- Park Day** - 11am - 2pm at the Park in Frazier. Free food, family fun and resources
- Walk & Talk** at the park in Frazier from 9:30am-10:30am
- Kern Family Health Care Rep-** at the MCFRC office (2nd Wed. 9-1pm) & (4th Wed, 12-4pm).
- Children's Circle** at the MCFRC office/Park Wednesday's from 11-12pm.
- Family Advocate Maria** at El Tejon School - Tuesday's 8am-4:30pm
- Health Fair** - 9am - 1pm at the Frazier Park Elementary School. Hosted by Southwest Healthcare District.
- Bilingual Storytime** with Claudia at the Library from 12:30pm-1:30pm
- HICAP Representative** at MCFRC office on 3rd Wed. from 10-12pm.
- ** Commodities** @ the Rec Center - Get number between 8-10am
- ** Senior Sack** @ Rec Center (age 60+) line up between 9-9:30am
- ** PMC Food Distribution** every other Tuesday at the Activity Center in PMC from 1-2pm (\$30 monthly)
- MCFRC Office - 661. 245. 4303**
Monday - Friday from 9:00am - 4:30pm
Closed on weekends & holidays



MAY 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Children's Circle **Commodities	2 Walk & Talk	3 Tech Savvy Seniors	4
5 Office Closed	6	7 Advocate at El Tejon School Give Big Kern Day **PMC Food	8 Children's Circle **Senior Sack	9 Storytime at Library w/Claudia	10 Tech Savvy Seniors	11
12 Office Closed	13	14 Advocate at El Tejon School **PMC Food	15 Children's Circle	16 In-Person Collaborative	17 Tech Savvy Seniors	18 Lilac Festival
19 Lilac Festival Office Closed	20 Office Closed	21 Advocate at El Tejon School HICAP Rep. @ MCFRC 10-12pm **PMC Food	22 Children's Circle Kern Family Health Care Representative **Senior Sack	23 Walk & Talk	24 Tech Savvy Seniors	25 Office Closed
26 Office Closed	27 Office Closed	28 Advocate at El Tejon School **PMC Food	29	30	31 Tech Savvy Seniors	

NOTES

Tech Savvy Seniors - from 10am-2pm, we help seniors with digital devices.

Give Big Kern Day - last day to donate to our fundraiser & turn in those calendars

Walk & Talk at the park in Frazier from 9:30am-10:30am

Children's Circle at the MCFRC office Wednesday's from 11-12pm.

Kern Family Health Care Rep- at the MCFRC office from 12pm-4pm.

Family Advocate Maria at El Tejon School - Tuesday's 8am-4:30pm

Bilingual Storytime with Claudia at the Library from 12:30pm-1:30pm

HICAP Representative at MCFRC office from 10-12pm.

In-Person Collaborative - 10-11:30am at the Frazier Park Library

**** Commodities** @ the Rec Center - Get number between 8-10am

**** Senior Sack** @ Rec Center (age 60+) line up between 9-9:30am

**** PMC Food Distribution** every Tuesday at the Activity Center in PMC from 1-2pm (\$30 monthly)

MCFRC Office - 661. 245. 4303

Monday - Friday from 9:00am - 4:30pm

Closed on weekends & holidays



APRIL 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2 Advocate at El Tejon School **PMC Food	3 Help Me Grow Workshop Children's Circle **Commodities	4 Coffee Chat	5	6
7 Office Closed	8 MCFRC Open Office @ 6pm Kicking off Give Big Kern	9 Advocate at El Tejon School **PMC Food	10 Help Me Grow Workshop Children's Circle **Senior Sack	11 Storytime at Library w/Claudia	12 Benefits of Being Kind Workshop @6pm	13 Office Closed
14 Office Closed	15	16 Advocate at El Tejon School HICAP Rep. @ MCFRC 10-12pm Senior Day **PMC Food	17 Children's Circle	18	19	20 Office Closed
21 Office Closed	22	23 Advocate at El Tejon School **PMC Food	24 First 5 Dental Screening Children's Circle **Senior Sack	25	26	27 Office Closed
28 Office Closed	29	30 Advocate at El Tejon School **PMC Food				

NOTES

MCFRC's **Help Me Grow Workshop**.
from 11am - 12pm at the MCFRC
office - snacks & gifts provided.

MCFRC's **Benefits of Being Kind Workshop** at the MCFRC office 6pm.
Snacks provided & raffling a gas card.

Children's Circle at the MCFRC
office Wednesday's from 11-12pm.

Coffee Chat at the MCFRC room 102
from 10am - 11am

Family Advocate Maria at El Tejon
School - Tuesday's 8am-4:30pm

Bilingual Storytime with Claudia at the
Library from 12:30pm-1:30pm

Senior Day at the MCFRC room 102
room from 10am-11am

First 5 Dental Screening - kids aged
0-5. Appointment required.

HICAP Representative at MCFRC
office from 10-12pm.

**** Commodities** @ the Rec Center - Get
number between 8-10am

**** Senior Sack** @ Rec Center (age 60+)
line up between 9-9:30am

**** PMC Food Distribution** every Tuesday at
the Activity Center in PMC from 1-2pm
(\$30 monthly)

MCFRC Office - 661. 245. 4303
Monday - Friday from
9:00am - 4:30pm
Closed on weekends & holidays



MARCH 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	Advocate at El Tejon School 5	Help Me Grow Workshop 6	7	8	9
Office Closed		**PMC Food	Children's Circle **Commodities			Office Closed
10	11	Advocate at El Tejon School 12	Help Me Grow Workshop 13	Storytime at Library w/Claudia 14	15	16
Office Closed		**PMC Food	Children's Circle **Senior Sack			Office Closed
17	18	Advocate at El Tejon School 19	Help Me Grow Workshop 20	MCFRC Zoom Collab Meeting 9:30-10:30 21	22	23
Office Closed		Senior Day **PMC Food	Children's Circle			Office Closed
24	25	26	Help Me Grow Workshop 27	28	29	30
Office Closed		**PMC Food	Children's Circle **Senior Sack		Office Closed	Office Closed

NOTES

- MCFRC's Help Me Grow Workshop.*
6-week-long parent ed. workshop from 11am - 12pm at the MCFRC office - snacks & gifts provided.
- Children's Circle at the MCFRC office Wednesday's from 11-12pm.*
- Family Advocate Maria at El Tejon School - Tuesday's 8am-4:30pm*
- Bilingual Storytime with Advocate Claudia at Library from 12pm-1pm*
- MCFRC Collaborative Meeting via Zoom - 9:30-10:30am*
- Senior Day at the MCFRC downstairs room from 9:30am-10:30am*
- ** Commodities @ the Rec Center - Get number between 8-10am*
- ** Senior Sack @ Rec Center - (age 60+) line up between 9-9:30am*
- ** PMC Food Distribution every Tuesday at the Activity Center in PMC from 1-2pm (\$30 monthly)*

MCFRC Office - 661.245.4303
Monday - Friday from 9:00am - 4:30pm
Closed on weekends & holidays